

Glenrothes MSC – Crail Stages 2017 Final Instructions

Thank you for your entry to the Crail Stages 2017, we look forward to welcoming you all on the day.

Please read these instructions very carefully.

Firstly thanks to all the organisers and marshals for making this special event happen, we hope to give you a memorable day for all the right reasons. Please be safe, keep to the rules, and enjoy yourselves.

Schedule

15:30 Friday 10th November Scrutineering and signing on opens at Methil

19:30 Friday 10th November Scrutineering and signing on closes

07:00 Saturday 11th November Scrutineering and signing reopen at Crail

08:10 Saturday 11th November Crew Briefing

08:30 Saturday 11th November First Car Starts

17:45 Saturday 11th November – last car finishes last stage

Auxiliary Lights

You may wish to bring aux lights, these must be fitted for scrutineering and should not be more than 4 additional beams or one long led bar, eg a 4 light pod but no wee corner pods

Friday Scrutineering and Signing On

Scrutineering, noise and signing-on are available from 3:30pm to 7.30pm on Friday, at FCE Group, Wellesley Road, Methil KY8 3AB (opposite Patterson Street). Please use this slot if at all possible. **You MUST** contact Willie Greig to book your scrutineering time, contact WillieGreig@talktalk.net 07703 436023 (mobile). See below for directions and follow the arrows. Do not attempt to access the site from Methilhaven Road, or go the old place at Banbeath! Many thanks to John Rintoul for letting us use this facility.

Please be sympathetic to residents and businesses in the area, and follow the instructions of marshals. Please arrive at your agreed time and leave as soon as you are sorted. Parking is limited, there will be a police presence.

Saturday Morning

Signing on and scrutineering are in the hangar at Crail. Please park in the signed area and keep the stage access clear. Stage reconnaissance at Crail is permitted on foot or by pedal cycle but this must be complete before the crew briefing (08:10).

Seeding

Seeding will be published online at the same time as these are issued

<https://www.rallies.info/webentry/2017/crail/entries.php?type=s>

Start times will be on the official notice board.

Withdrawal

If you cannot make the event for any reason and wish to withdraw your entry, contact Alan on 0770 864 8646 or alan.cowan@glenrothes-msc.com

Refueling

Refuel at your service area, there are extinguishers at both service areas.

Remembrance Day

As this rally takes place on the 11th, there will be a period of silence during the day, likely at 11am but this will be confirmed at the Marshals and Crew briefings.

Public Roads

Please be on your best behaviour travelling to the venue, in particular driving through Crail and the East Neuk villages, and on the road sections during the rally. Tell your service crews to behave too. Expect a police presence.

Numbers

Numbers will be provided at signing on.

Judges of Fact

Judges of fact will be appointed and will be observing driving standards and for damage to route definition objects (bales/tyre walls/fences etc) , stage furniture (arrows/signage etc), adherence to route, behaviour at splits and merges. Penalties **WILL BE APPLIED** – first offence stage maximum, second offence exclusion from the event.

Service Areas

Maximum speed limit in the service areas is 10mph. Grass areas can be used for parking but no wheel spinning. **After 08.00 am vehicles entering Crail airfield will be subject to a per car charge.** No exceptions. Competing cars cannot leave the venue to warm brakes or tyres; penalty is exclusion and paying to get back in. No quad bikes, go-peds, mopeds, drones, helicopters etc allowed, leave them at home.

HQ

Rally HQ is at the cabin by the Crail hangar, the interior of the cabin is out of bounds to all persons other than signed on officials. The notice board will in the vicinity of the cabin.

Timecards

Every crew must attend the briefing, held outside the hangar at 08:10.

Damage

Drivers will be liable for the £350 excess for any 3rd party damage (fences etc).

Litter

Black bin liners will be issued with the start pack. Put your rubbish in the bag, and put it in a bin or take it away with you. Especially, do NOT leave empty fuel containers or cans of used oil; take them away with you. Service on a groundsheet, and clear up any spills of oil or other fluids. **Competitors are held responsible for the actions of their service crews, and may be penalised, up to and including exclusion.**

SR 14 Officials

MSA Steward: George Hay

Results

Results on www.scotresults.co.uk.

Video Cameras

In car cameras are permitted but must be scrutineered and are subject to MSA regulations.

Friday Night: You may stay on Crail airfield – a charge will be levied by the landowner for anything left overnight.

Stopped in Stage

Usual SOS/OK board and warning triangle rules apply. If a stage has finished and you are still in stage, you cannot move your car unless specifically instructed by an official or marshal, even if your car miraculously works again. Do not work on your car in a dangerous position. **If in doubt, don't move!** Stand well clear of competing cars if you become a spectator.

Recovery

Recovery will take place after Stage 2, 4, 6 and at the end of the rally. Other recovery may also be possible, however we will not delay the start of subsequent stages to allow recovery.

Out of Bounds Areas

Some areas of the Crail airfield, including all buildings other than in use by rally personnel, are out of bounds. Any unauthorized people found in these areas will cause the associated crew to be excluded. There are clearly marked spectator areas at Crail. Competitors, service crews and spectators must stay off the crops, and must also keep off the bales and fences. Competitors may be penalised for the actions of service crews, friends, etc.

Catering

There is a burger van at Crail. At lunch time they will give priority to serving marshals before competitors and service crews.

Missing Details

If you left blank spaces on your entry form – like co-driver name and address, next of kin name and address and contact details – please take a couple of minutes and email the missing bits to alan.cowan@glenrothes-msc.com

Tyre Vans

Wheels Around and Andrew Wood Tyres will be at Crail. Get in touch with them in advance if you have a need specifics

Finally, thank you for your entry. Be super nice to the marshals who've given up a Saturday so you can have a play.

Calendars



The advertisement features a collage of images including a woman in a blue racing suit, a pink plaid helmet, a woman in a white racing suit, and a woman in a red high-heeled shoe. The text reads: "Scottish RALLY GIRLS", "scottishrallygirls.co.uk", "2018 Charity Calendars", "Order now at www.scottishrallygirls.co.uk and at selected events from October". At the bottom, it lists supported charities: "supporting WE ARE MRCMILLAN. CANCER SUPPORT", "prostate scotland", "JAFFA", and "Like us on  Scottish Rally Girls".

Bring dosh – calendars in support of the nominated charities will be available for sale at a measly minimum payment of £10 - add as much as you want extra!

There will also be some cakes to be scoffed for a £1 donation.

Search out the bright green van or look out for the girls in the service area, you may even manage to get a copy signed by some of them....

Directions to Scrutineering

From the Forth Bridge leave M90 at J2a and take A92 towards Kirkcaldy and Glenrothes for 10 miles

Follow the A92 dual carriageway past Kirkcaldy West exit then at the Kirkcaldy East exit, take the third exit onto the A921. After 0.7 miles turn left on the A915 towards Leven for 6 miles. At the Cameron Bridge roundabout turn right and follow this road for 1.5 miles, then turn left on to Wellesley Road. Follow this for 1 mile and watch for the arrows on the left.

From Tay Bridge, follow A92 for 24 miles to Glenrothes.

In Glenrothes, go straight on at first roundabout then under footbridge and turn left at roundabout onto A911 towards Leven for 4.2 miles.

At next roundabout take third exit A915 signed for Kirkcaldy. At the next roundabout (Cameron Bridge) take the first exit. Follow this road for 1.5 miles, then turn left on to Wellesley Road. Follow this for 1 mile and watch for the arrows on the left.

From Perth, leave M90 at J9 Bridge of Earn turning left onto A912, at the Bien Inn turn left still on A912 to Gateside.

In Gateside turn left onto A91 for 2 miles, then turn right onto A912 through Strathmiglo and Falkland.

At roundabout, turn right (3rd exit) onto A92.

In Glenrothes, go straight on at first roundabout then under footbridge and turn left at roundabout onto A911 towards Leven for 4.2 miles.

At next roundabout take third exit A915 signed for Kirkcaldy. At the next roundabout (Cameron Bridge) take the first exit. Follow this road for 1.5 miles, then turn left on to Wellesley Road. Follow this for 1 mile and watch for the arrows on the left.

Directions to the Venue

Crail Airfield is to the East of Crail Village. Postcode KY10 3XL will get you close then follow the arrows. If you find the North Sea you have gone too far.

Service Area Risk Management

Entrants, competitors and service crew members should be aware of their own and other people's safety and well being, when competing in motor sport.

1. All entrants should have an environmental ground-sheet in place before work commences on the vehicle.
2. All service vehicles should have an environmental spill-kit, for use in the event of liquid spillage. (Competing cars should also carry such a kit.)
3. Fire extinguishers should be readily available at all times when vehicles are to be worked on, particularly in the event of any welding or grinding being carried out and when vehicles are being refuelled.
4. Vehicles should be supported by axle stands, chassis sill stands or ramps, all with recommended base plates, when raised in the air by trolley or any other types of jack. Engines should not be run when the vehicle is raised on stands. No other work on the car should be attempted, when raising or lowering of the car is taking place.
5. If re-fuelling is permitted in the Service Area, this should be the last operation to be carried out before the vehicles leave. The vehicle should be off any support stands, have all four wheels on the ground, have all other work ceased and have no occupants, when re-fuelling commences. Ideally re-fuelling should be by hand pumping, rather than from hand held containers.
6. Spillage of any liquid should be contained immediately by the crew concerned.

A) Storage & Use of Petroleum Spirit

1. Containers should comply with the relevant British Standard, should be marked "Petroleum Spirit-Highly Flammable" and be kept from any source of ignition.
2. All empty containers should be removed from the venue after the event.
3. Petrol is to be used as fuel only, not for any other purpose.
4. All vehicle re-fuelling is to take place in the open air. A "No Smoking" area should be enforced and an operative should be on standby with a fire extinguisher.
5. Refuelling operatives, including those standing by with fire extinguishers, should ensure they are wearing protective clothing, including gloves and eye protection.

B) Hazardous Substances

1. Some vehicle parts, for example brake & clutch linings, contain asbestos. Competitors are encouraged to use non-asbestos substitutes where possible. Where asbestos is used, every effort should be made to prevent dust being released.
2. Some mineral oils may cause skin cancers. Where contact does occur, contamination should be washed off immediately. The wearing of any contaminated clothing should be avoided.
3. Other substances may cause ill health. Suppliers will have information about the possible effects of their products, on request.

C) Electrical Safety

1. All electrical equipment should be maintained in a safe condition.
2. Extension leads & cables should be neoprene, oil resistant flexible cable.
3. All electrical equipment used externally should be weatherproof and tools should be "double" or "all insulated" against electric shock.
4. Electrical equipment and hand tools should not be used where flammable vapours are present. 9

D) Fire Precautions

1. All competition and service vehicles should carry a suitable fire extinguisher.
2. Special consideration should be made before lighting any cooking appliance.
3. All sources of ignition should be kept away from any fuel store or re-fuelling area.
4. Fire extinguishers should not be moved from their known location, other than when in use.
5. In the event of any fire, a report should be made to the organisers of the event before leaving the venue.
6. All entrants are encouraged to train their personnel in correct fire prevention and treatment procedures.

E) Compressed Air Equipment

1. Air blasts from over inflated tyres can cause severe injury. Tyres should not be inflated above manufacturers recommendation figures.
2. Always stand clear when inflating tyres.
3. Compressors & air lines should be inspected regularly.
4. Compressed air cylinders should be stored and used to suppliers recommendations.

F) General Working Practices

1. All working areas should be kept clean & tidy. All waste & spillage should be cleared up immediately, **removed by the entrant at the end of the event and disposed of in a responsible manner.**
2. Trailing cables & hoses should not be allowed to create a trip hazard and should not be run across access or roadways.
3. Whenever vehicle engines are being run, adequate ventilation must be in place.
4. All safety notices should be complied with.
5. Any personnel carrying out work should ensure that they adopt safe working practices at all times.
6. Service crews and competitors need to be aware of the long periods of exposure to cold, wet or heat, experienced while on location in service areas and dress accordingly.
7. Children under 16 years of age are to be closely supervised and should not leave your designated area unaccompanied. **They are children and as such are your responsibility!!**

G) Noise

1. Exposure to excessive noise may result in hearing loss, or other complaints. These may be short term, or after prolonged exposure, permanent.
2. Where exposure to noise is unavoidable, ear defenders should be worn.

H) Manual Handling

1. Lifting, carrying and propelling of loads by bodily force is a major cause of industrial injuries. All entrants are encouraged to train their personnel in safe manual handling techniques.

I) Waste

1. Entrants **should remove all waste** from the venue, including containers, packaging, tyres, oils etc. **They must be disposed of it in a responsible manner.**

J) Vehicle Safety

1. A 10 mph speed limit should be observed at all times in a Service Area, other than for Emergency Vehicles which may be attending an incident.
2. There may be pedestrians in Service Areas. Special care must be taken in these circumstances, to avoid collisions.
3. The unauthorised use of mopeds, motorcycles, scooters, go-peds, quads etc. is forbidden in Service Areas.
4. Vehicles may only be driven by persons holding valid driving licences for that class of vehicle.

K) First Aid

1. Any person sustaining injury or illness, should seek treatment from the event emergency services, by initially reporting to the Senior Official in charge of the Service Area, who will ensure the appropriate response. 10

L) Public Safety

1. Entrants and their associated personnel should act in a manner so as not to put either themselves or any other person at risk of injury.

M) Reporting of Accidents & Incidents

1. All accidents where any person sustains injury, or where damage to property occurs, should be reported immediately to the Senior Official in charge of the Service Area.

N) Further Regulations and Information

1. Entrants are reminded of their obligations to comply with the requirements of the appropriate sporting regulations at all times. These Guidance Notes should be read in conjunction with all relevant regulations.

The MSA Rallies Committee are indebted to the following for assistance in the compilation of this paper:-

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